



## Understanding Careers

We all want a career we enjoy. As a student you might not know what this is yet so it is important to consider the activities you are already involved in, if you enjoy them and how good you are at them. We can then look at how this information can help you with your Career Dreams.

The world of work can be a complicated place, and is one that is constantly evolving. Jobs and work environments are influenced by developments in technology, an increase in project based work, and supply and demand trends in employment. There are so many choices now this can seem overwhelming when thinking about your Career Dreams.

So the first step to reaching your Career Dreams is to determine what these are. By exploring the world of work and completing some research into areas that interest you, you can identify your Career Dreams and create a plan to help reach them!

The below questions provide you with a framework as to how to think about all the different activities you participate in and the skills you have already developed that can help you achieve your Career Dreams.

### **I am currently involved in the following activities:**

Part-time job:

Volunteer work:

Sporting activities:

Clubs (e.g. drama, debating):

Leadership roles (e.g. prefect, team leader):

Hobbies:

Other:

*To love your job you have to know what you enjoy doing*

**Consider which of the above activities you enjoy and would like to spend more time on. List these here:**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Now think about your school abilities.

**Subjects I am good at:**

- 1.
- 2.
- 3.
- 4.

**Subjects I enjoy**

- 1.
- 2.
- 3.
- 4.

**Skills Assessment**

Now think how the above activities provide you with different skills. For example, if you are an active member of a sports team, this provides you with teamwork and communication skills. If you are particularly good at English at school, this provides you with good writing skills.

Look at the following skills areas, and how the activities and subjects you are involved in give you experience in these areas.

People and leadership skills:

Communication skills:

Artistic skills:

Computer skills:

Design skills:

Information/data skills:

Writing and media skills:

Enterprising skills:

Physical and practical skills:

Problem solving skills:

Planning and organising skills:

**Are there any that stand out to you as particularly important?**

**What are these?**

**Are there any, that even though you are good at, you would not like to do as a job?**

**What are these?**

**Are there any skills that you would like to explore further?**

**How will you do this?**

**Thinking about the skills that you are both good at and enjoy which of the following career areas do you need to explore further:**

- Management
- Business and Finance
- Computer and Mathematics
- Architecture
- Engineering
- Life and Social Science
- Physical Science
- Community and Social Services
- Legal
- Education, Training and Library
- Arts and Design
- Entertainment
- Sports and Media
- Health care
- Protective Service
- Hospitality and Catering
- Building, Grounds Cleaning, and Maintenance
- Hairdressing, Make-up artistry and Personal Care
- Sales
- Office and Administrative Support
- Farming, Fishing, and Forestry
- Construction
- Installation, Maintenance and Repair
- Production
- Transportation and Material Moving
- Military

**Can you see some skills that would fit with these career groups?**

**What are the Career Dreams you would like to explore further?**

- 1.
- 2.
- 3.
- 4.
- 5.

Once you have selected a number of career paths that match your skills and likes, start your research into these areas. Check out the Research Your Career Dreams worksheet to continue your exploration.

*Learning is how we make sure we can achieve our Career Dreams*

